

APPROVAL, CONTROL AND ENOUGH

Commitments 11 and 12

The 15 Commitments
of Conscious Leadership

COMMITMENTS

11 AND 12

COMMITMENT 11

Sourcing approval,
control, and security.

COMMITMENT 12

Experiencing enough
of what we have.

THREE CORE WANTS

APPROVAL

Acceptance, respect,
and belonging.

CONTROL

People and circumstances
going the way we want.

SECURITY

Safety, stability,
and certainty.

HAVING AND WANTING

HAVING

Receiving praise, having choices,
or holding useful resources.

WANTING

Believing approval, control,
or security is missing.

JEFF'S FUND LAUNCH

The authors explore several wants beneath the same concern.

SECURITY

Professional stability

CONTROL

Colleagues following through

APPROVAL

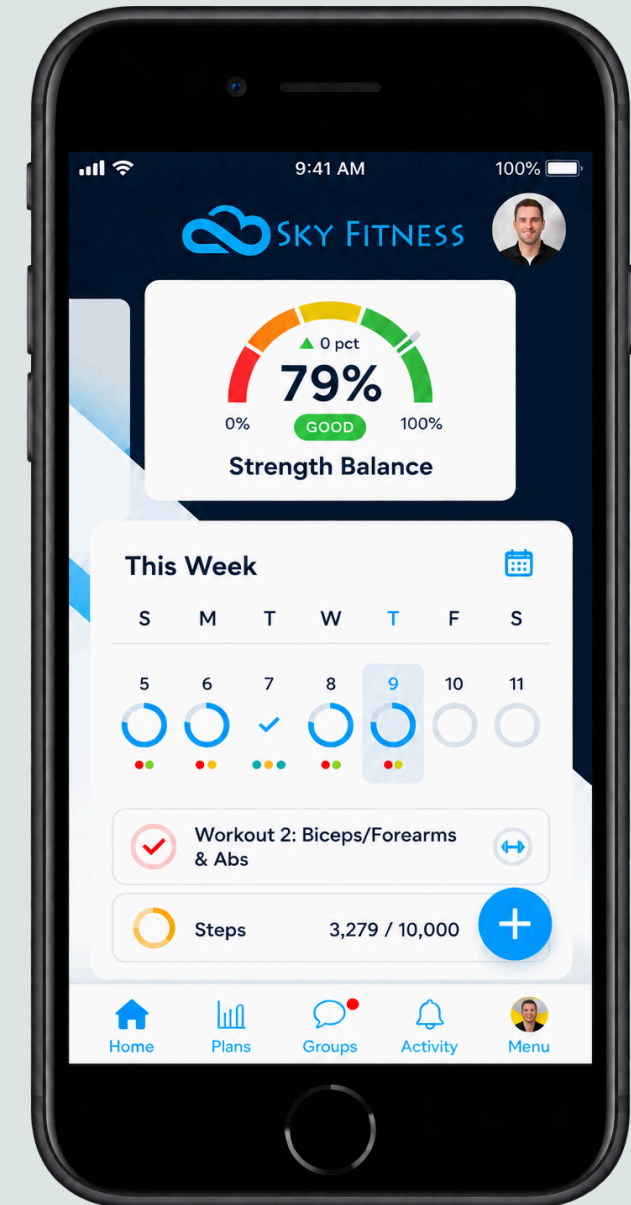
Respect from others

SKY FITNESS

I started Sky Fitness while I was in school.
It was software for exercise programming.

**I ENJOYED BUILDING IT. READING THESE
CHAPTERS, I NOTICED HOW MUCH OF MY
HAPPINESS I HAD TIED TO THE WORK.**

When I sold it, I lost more than something to do.



AFTER THE SALE

**I KEPT LOOKING FOR
SOMETHING TO REPLACE WHAT
THE BUSINESS HAD GIVEN ME.**

I had more freedom and resources, but less direction.

APPROVAL

Attention and praise from strangers.

CONTROL

Trying to make situations go my way through money.

SECURITY

The belief that I had “won life.”

STARTING **TRIPASS DESIGN**

A longtime friend encouraged me to try a new direction.
That became Tripass Design.

I had something familiar to build again.

**TODAY, I NOTICE MYSELF RELYING ON IT FOR THE SAME
APPROVAL, CONTROL, AND SECURITY.**

WORKING WITH THE WANTING

1

NOTICE

What do I want?
Approval, control, or security?

2

ALLOW IT

Can I allow this wanting
to be here?

3

LET GO, IF POSSIBLE

Could I let this wanting go
for a moment?

COMMITMENT 11:

DISCUSSION

Is the distinction between having and wanting useful?

What does internal sourcing look like to you?

What do you agree or disagree with in this chapter?

HAVING ENOUGH OF EVERYTHING

Time. Money. Love. Energy. Space. Resources.

Experiencing sufficiency in the present,
rather than living from “not enough.”

THREE SCARCITY MYTHS

01 THERE IS NEVER ENOUGH.

02 MORE IS BETTER.

03 THAT IS JUST THE WAY IT IS.

THE BANK

ACQUISITION

An example from commitment 12

COMPETING FOR CLIENTS

Colleagues protect opportunities as though there is not enough.

WORKING TOGETHER

Complementary services create reasons to cooperate.

NOTICING SCARCITY

Take one ordinary thought about not having enough.

1

NOTICE

What do I believe
is missing?

2

QUESTION

What makes that belief
seem true?

3

LOOK AGAIN

What is available
right now?

QUESTIONS TO TAKE WITH YOU

01

Where am I looking for approval, control, or security?

02

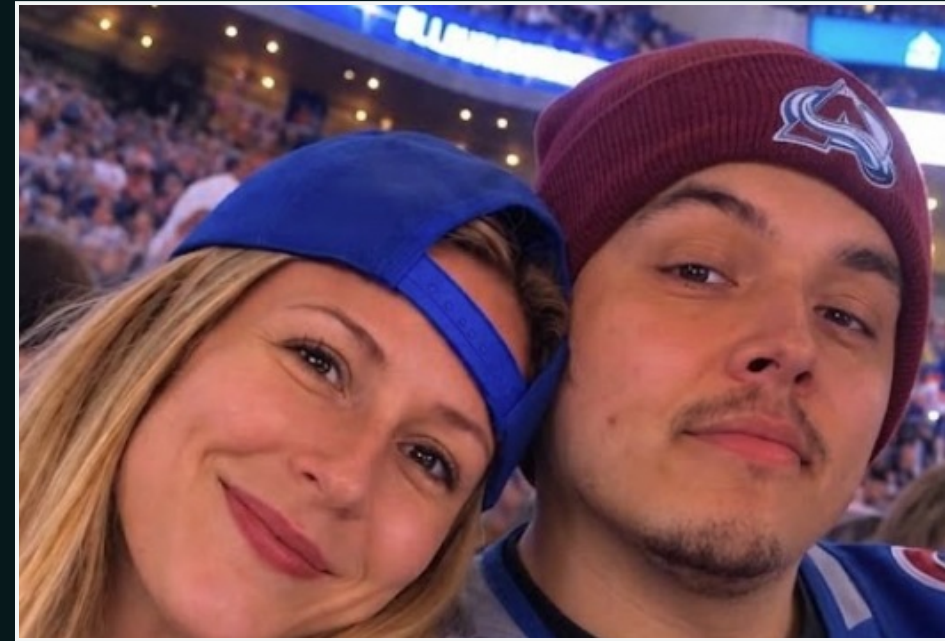
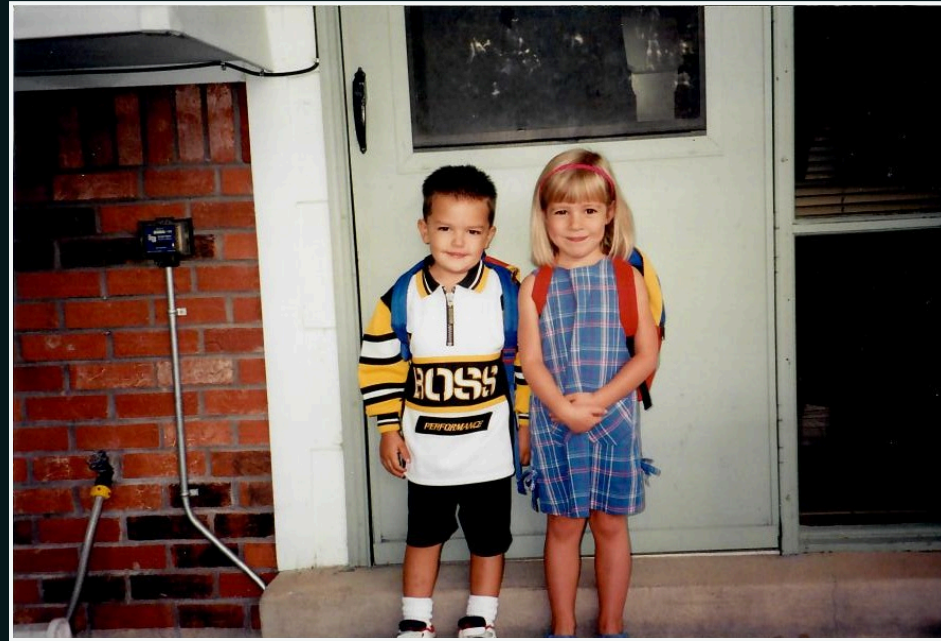
Am I starting from an assumption of “not enough”—and what action is still needed?

03

What do I want to try, or keep questioning?

DON'T LET BRANDON SKIP THE LAST SLIDE!

**THIS PRESENTATION WAS MADE
BY THE **WORLD'S BEST ASSISTANT** 🥰 😐**



ALSO ENJOY SOME CHILDHOOD PHOTOS OF BRANDON 🥰

